

# Lawford Football Club

School Lane, Lawford, Essex, CO11 2HZ

Lawford Football Club is a Charitable Incorporated Organisation  
Registered charity number: 1188884



## AWAY TEAM PROTOCOLS: Resumption of Matches

At all times visiting team players, managers, coaches, physios, first aiders, spectators and other participants must adhere to Government guidelines, FA guidance and Lawford FC Covid-19 protocols when visiting School Lane.

A copy of the FA guidance can be found at -

<http://www.thefa.com/-/media/thefacom-new/files/get-involved/2020/detailed-covid-19-guidance-on-re-starting-competitive-grassroots-football.ashx>

A summary of the guidance for participants is set out below.

### PRE-MATCH

- Everyone should self-assess for Covid-19 symptoms before every match. If you are symptomatic or living in a household with possible or actual Covid-19 infection you must not participate or attend. You should stay home and follow the latest Government guidance.
- Anyone who is deemed vulnerable in respect of Covid-19 is reminded to follow the Government's guidance, only returning to football when it's right for them to do so.
- **Away team managers are required to provide contact details for players, managers, coaches, physios, first aiders** to comply with 'NHS test and trace' protocols. A record of participants will be retained for a minimum of 21 days.
- Follow Government guidance for travel, including minimising use of public transport.
- Active participants should arrive changed and ready to take part. **The changing rooms at School Lane will not be open.**
- **Each player must bring their own hand sanitiser.** Personal hygiene measures should be carried out by everyone and hand sanitisers brought and used at the training / match venue.
- **Each participant must bring their own clearly identifiable water bottle.** Sharing of water bottles is strictly prohibited.

### DURING MATCH PLAY

- Match play is permitted with social distancing in place before and after the session, and in any breaks in play.
- Hand sanitiser should be used at intervals during match play. The sharing of kit and equipment should be avoided.

- When the ball goes out of play, it should not be retrieved by non-participants and should be retrieved using feet rather than hands where possible.
- Participants must not spit and should avoid shouting or raising their voices when facing each other.
- In set play, players are encouraged to avoid unnecessarily long set-up or close marking. There should be no goal celebrations involving close contact.
- Managers, coaches and substitutes must adhere to social distancing guidelines and avoid sharing a dug out or bench if social distancing cannot be observed.
- If an individual gets injured, a member of their household can assist, if present. Others will still need to socially distance unless a life or limb-threatening injury necessitates compromising guidelines to provide emergency care.

## **POST MATCH**

- Hands should be washed at the earliest opportunity.
- Everyone must continue to maintain social distancing including in any facilities where groups of people congregate (e.g. clubhouse, car park).
- Anyone who becomes infected after matches should report this to the NHS test and trace system.

## **PLAYERS AGED U18**

Parents / carers are responsible for the supervising of their children at all times, and to reinforce the guidelines for hygiene and social distancing.

## **SPECTATORS**

Supporters, parents, and other spectators should remain socially distanced whilst attending events. Each group of spectators must be restricted to discrete six-person gathering limits and groups spread out, in line with Government guidance, ensuring space for officials, coaches and substitutes. Spectators should not handle the ball if it comes out of play.

**All visitors should adhere to the social distancing and personal hygiene arrangements when entering the clubhouse.**

**Through participation in a fixture hosted at School Lane, as player, manager, coach, physio, first aider, spectator, match official or other participant, you confirm that you agree to any instruction given to you by a representative of Lawford FC to ensure that Covid-19 protocols are maintained.**